



# Celebrating 35 Years!



Child Abuse  
Prevention Services



2016 was a hallmark year as we celebrated our 35th Anniversary in 2016! Much has changed in 35 years.

We appreciate the foresight of our founders who joined together as concerned citizens in 1981 to attack the problem of child abuse in Marshall County. Believing that prevention was the most effective answer they began as volunteers by creating awareness and building

support for prevention efforts.

35 years later, we provide a full range of programs and services and employ 17 staff members who reflect the diversity of our community. Our programs are based upon research and best practice and, as this report demonstrates, we provide quality services that produce substantial outcomes.

We are grateful for our caring community who has been engaged in our work as well. We value the

contribution of community members as they gave 6,925 volunteer hours and in-kind donations totaling more than \$18,904.00. The support and involvement of our community is vital to our success.

We are committed to our work of strengthening families thus preventing child abuse and neglect and we look forward to continued growth in the next 35 years!

*Jana Enfield, Executive Director*

2016 Annual Report  
*Thriving Families, Thriving Communities*

# What We Achieved A Year in Review

## Building Healthy Families— Parents as Teachers

**Service Area:** Marshall County

**Served:** 183 families with 240 target children with 1,816 home visits

**Outcomes:**

- 100% of parents reported an increase in confidence
- 91% of parents reported an increase in knowledge of ways to manage stress
- 97% of parents reported an increase of knowledge of community resources
- 85% of parents reported an increase in knowledge of positive ways to discipline.

*Funded by Iowa River Valley Early Childhood Area, Prevent Child Abuse Iowa, Marshalltown Area United Way, and private donations.*

## Building Healthy Families— School Readiness

**Service Area:** Marshall County

**Served:** 46 children received 906 school readiness sessions

**Outcomes:**

- 100% of children showed improvement in Language and Cognitive skills
- 71% of children showed improvement in Literacy
- 67% of children showed improvement in Math skills

*Funded by the Marshalltown Community School District.*

## Drug Endangered Children Alliance

**Service Area:** Marshall County

**Served:** 8 drug endangered children were removed by law enforcement, received medical testing and received a total of 150 hours of emergency childcare

*Funded by donations.*

## Adolescent Pregnancy Prevention

**Service Area:** Marshall and Hardin Counties

**Served:** 3,866 students from 7 school districts

*Funded by Eyes Open Iowa.*

## The Nest

**Service Area:** Marshall County

**Served:** 343 families enrolled

**Outcomes:**

- 91% of participants reported the Nest motivated them to attend prenatal appointments
- 95% of participants reported the Nest motivated them to attend well-baby checks.

*Funded by Variety—The Children's Charity of Iowa and private donations.*

## Crisis Child Care/Respite Child Care

**Service Area:** Marshall and Hardin Counties

**Served:** 78 families with 138 children with 9,655 hours of care

**Outcome:** 100% of parents reported a decrease in stress and an increase in knowledge of community resources.

*Funded by: Prevent Child Abuse Iowa, Marshalltown Area United Way, Alliant Energy Foundation, S.T.E.P., Decategorization, and private donations.*

## Mandatory Reporter Training

**Service Area:** Marshall County and surrounding area

**Served:** 8 sessions to 194 adults

**Outcome:** 97% of participants reported that training objectives were met

*Funded by Participation fee and in-kind contributions from team member organizations.*

## Crisis Intervention Program Service Area: Marshall and Hardin Counties

**Served:** 30 families

**Outcomes:**

- 86% of parents reported an increase in family support
- 93% reported an increase in knowledge of community resources.
- 100% reported that their child remained in the parental home and have not been a subject of a founded or confirmed child abuse assessment.

*Funded by Decategorization, Ann C. Keyser Trust; Theisen's; Community Foundation of Marshall County.*

## Sexual Abuse Prevention Programs

**Service Area:** Marshall, Hardin, and Tama Counties

**Served:** 819 sessions to 3,972 children

**Outcomes:**

- 98% of adults in attendance agreed that students demonstrated understanding of the concepts taught
- 100% of adults in attendance agreed that the program was developmentally appropriate

*Funded by Prevent Child Abuse Iowa, Marshalltown Area United Way, Community Foundation of Marshall County, Community Foundation of Tama County, and private donations.*

## Refugee Health Connection

**Service Area:** Marshall County

**Served:** 61 families, 93 target children with 1,023 home visits

**Outcome:** 100% of participants agreed the program provided new information about health and wellness, improved communication with their medical provider; and connected them to community resources.

*Funded by: US Department of Health and Human Services*

# Thank You for Investing in Children

Child Abuse Prevention Services strives to create a community where all children grow up in healthy, safe, nurturing surroundings and parents seek and accept support regarding the knowledge and skills required for active parenting. **Thank you to the following donors who gave \$100 or more during the past year, and to everyone helping us to make our vision possible.**

## Vital - \$500.00 and over

Berma Farms  
Cal and Jana Enfield  
Central Iowa Healthcare  
John and Sue Fink  
Bill and Linda Havelka  
Kevin and Julie Hitchins  
Kiwanis Club- Marshalltown Matins  
Bill and Phyllis Lane Foundation  
Lennox Industries  
Scott and Colette Lothe  
McFarland Clinic Physicians  
Matt and Judy Smith  
Unitarian Fellowship

## Community - \$250.00-499.99

Alliant Energy Foundation  
Matching Funds  
Jennifer Alison/Merrill Swarts  
Paul and Carrie Barr  
First United Methodist Church Women  
Fisher Controls  
Hope United Methodist Women  
Independent Insurance Services  
Ross and Beverly Iverson  
Gordon and Jean Leth  
Marshalltown OB/GYN  
Mitchell Family Funeral Services  
Sally Robertson

Wayne and Beverly Sloppy  
St. John UCC Women's Fellowship  
John and Mary Stevens  
William and Mary Wessels  
Cliff Wilson

## Sustaining - \$100.00-249.99

Terry and Cynthia Augspurger  
Burgess Barr  
Edwin Bartine  
Ralph and Rhoda Bender  
Bruin Manufacturing  
Thonia Chua  
City of Melbourne  
Paul and Susan Crawford  
Dennis Drager  
William and Nancy Earney  
Dave and Helen Espersen  
Robert Gantz and Bethany Burkemper  
Green Mountain UCC  
Women's Fellowship  
Joel and Sharon Greer  
Paul and Karn Gregoire  
Mike and Cynthia Hanken  
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Sarah Hesmer  
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Pat and Bonnie Lowry  
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Mike and Kathy McCune  
Gene and Burneta McRill  
Dan and Janelle Moellers  
Kevin and Connie Mogard  
Loras and Karen Neuroth  
Peggy Patterson  
Pat Piscitelli  
Joseph and Susan Pollpeter  
Presbyterian Women's Organization  
Larry and Joynell Raymon  
Joe and Jana Robertson  
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SNT Trucking, Inc.  
Gayle and Lois Strickler  
Taylor's Maid-Rite  
Don and Sue Turbiville  
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Joe and Susan Weaver  
Tom and Mary Wertzberger  
David and Gladys Winter  
Bruce and Bethany Wirin

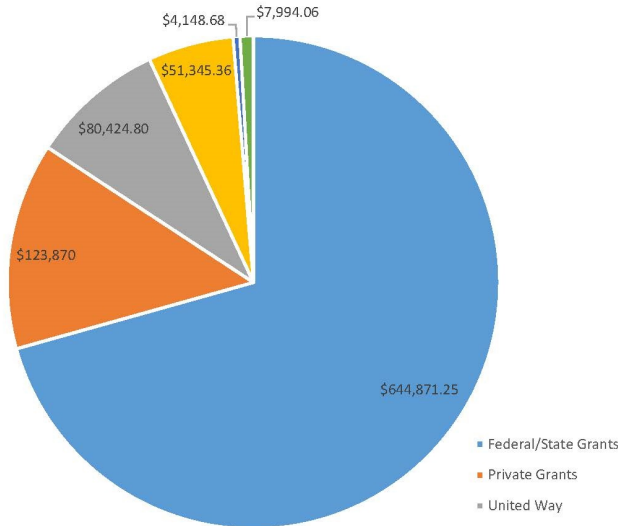
*Child Abuse Prevention Services is one of the organizations we put our time and financial support behind. We believe CAPS is a very important part of our community, as every child deserves a safe and healthy environment to grow up in. Serving on the Board of Directors has been a rewarding experience in witnessing the efforts and benefits CAPS brings to our surrounding area. We are proud to be a part of this dedicated and life-giving group of individuals.*



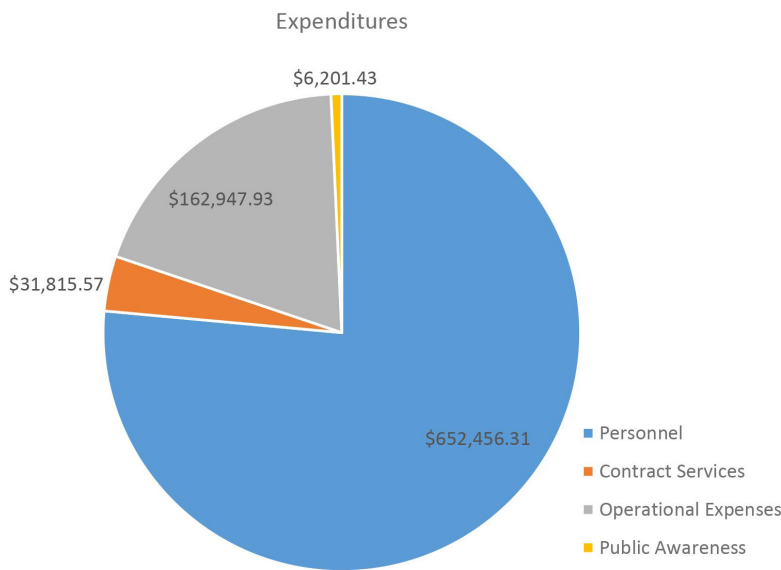
John and Sue Fink  
Marshalltown



### Total Revenues FY 2016



### Total Expenditures FY 2016



### Join the Movement to Prevent Child Abuse

- Give toward our 2017 Goal of \$36,000 in cash support
- Donate new baby items
- Participate in our community events and prevention projects
- Invite us to speak about child abuse prevention to your group
- Stay updated through social media and our e-newsletter
- Volunteer (many opportunities available)
- Learn more at [www.capsonline.us](http://www.capsonline.us)

### Board of Directors

Julie Hitchins, President  
 Ben Stansberry, Vice President  
 John Fink, Secretary/Treasurer  
 Jason Staker  
 Maria Garcia  
 Dave Espersen  
 Roxane Shanks  
 Sarah Erikson  
 Susan Krough  
 Luis Meza  
 Joel Phillips

### Staff

Jana Enfield, Executive Director  
 Linda Havelka, Associate Director  
 Nikki Hartwig, Program Director  
 Esmeralda Monroy, Program Manager  
 Gladys Mundo, Child Development Specialist  
 Kelly Newcomb, Child Development Specialist  
 Kati Dingman, Child Development Specialist  
 Plu Meh, Community Health Worker  
 Christina Kyaw Lin, Community Health Worker  
 Lydia Par, Community Health Worker  
 Elizabeth Castillo, Child Development Specialist  
 Yamala Baccam-Lee, Child Development Specialist  
 Emma Macy, Family Support Worker  
 Lori Frederick, Sexual Abuse Prevention Educator  
 Andrea Green, Adolescent Pregnancy Prevention Educator  
 Laurie Gowdy, Community Engagement Coordinator  
 Peggy Rogers, Custodian



## Child Abuse Prevention Services

811 East Main Street  
 Marshalltown, IA 50158  
 641-752-1730  
[www.capsonline.us](http://www.capsonline.us)

*Thriving Families,  
 Thriving Communities*