Marshall County Resource Guide 2016



Marshall & Hardin County Community Partnerships for Protecting Children (CPPC) 811 E. Main Street Marshalltown, IA 50158 641-752-1730 www.capsonline.us

Compiled for you by Child Abuse Prevention Services
For a complete listing of Marshall County resources please visit
www.micaonline.org

Community Partnerships for Protecting Children (CPPC)

Community Partnerships for Protecting Children is a community-based approach to child abuse prevention and child protection that focuses on supporting families and strengthening communities.

Asking for help is a sign of strength.

Please use this resource directory as you work to strengthen your family or share it with others.

IMPORTANT NUMBERS

Police DepartmentEm	ergency 911
Non-Emergency 6	41.754.5725
Fire Department6	
Poison Control18	300.222.1222
First Nurse6	
Ambulance Service 64	
Sheriff Department 6	41.754.5725
Central Iowa Healthcare (formerly MMSC)6	
Department of Human Services6	
Abuse/Neglect Reporting (Child/Dependent Adult)18	=
Social Security18	
Child Support Recovery18	88.229.9223
Table of Contents	
Basic Needs: Emergency assistance with rent & utilities, food, shelter, clothing	pages 4-5
Childcare & Preschool: Childcare, preschool and childcare assistance	pages 6-8
Family Support & Parent Education:	pages 9-12
Prenatal & family support services, behavioral health intervention services, domestic violence s	services
Health Care: Health care, dental, and mental health care services, substance abuse treatmen	nt pages 13-15
Recreation & Children's Activities: Activities for children	page 16
Transportation Services	page 17

Basic Needs

Caring Center, Inc.

110 W. Main Street, Marshalltown, IA 50158

SERVICES OFFERED:

Provide good used clothes and household items to the needy of Marshall County at no cost. Open Monday & Wednesday 10am-1pm.

Department of Human Services – DHS

206 W. State Street, Marshalltown, IA 50158 Telephone: 641.752.6741 or 1800.714.4588 www.dhs.state.ia.us

SERVICES OFFERED:

Cash, food and childcare assistance; Medicaid

Emergency Food Box

109 S. 3rd Street, Marshalltown, IA 50158 Telephone: 641.753.0486

SERVICES OFFERED:

A nutritionally balanced four-day food supply based on family size is provided. Guidelines permit persons to receive food not more often than 30 days from the last date served.

<u>Franklin Elementary Food Pantry</u>

1315 W. Main Street, Marshalltown, IA 50158 Telephone: 641.754-1041 Extension 4001

SERVICES OFFERED:

Food pantry for families with school-age children or low income community members. Open during school hours and during summer office hours. Best to contact the school office to schedule a visit.

General Assistance

101 E. Main Street, Marshalltown, IA 50158 Telephone: 641.754.6390

SERVICES OFFERED:

This program provides short term emergency assistance with rent, utilities, and medical assistance for those who have exhausted all other public assistance options. Open Monday, Wednesday, Friday 1pm-4pm.

House of Compassion

211 W. Church Street, Marshalltown, IA 50158 Telephone: 641-752-5999

SERVICES OFFERED:

Provides shelter, hygiene products, over the counter medicines and holiday assistance. Soup Kitchen is open daily: 5:00 – 6:30pm.

Low Rent Housing

36 N. Center Street, Marshalltown, IA 50158 Telephone: 641.754.5756 <u>www.ci.marshalltown.ia.us</u>

SERVICES OFFERED:

Rent assistance to low income individuals.

Mid-Iowa Community Action, Inc. (MICA)

6 S. 2nd Street, Marshalltown, IA 50158 Telephone: 641.753.5523 <u>www.micaonline.org</u>

SERVICES OFFERED:

Low income emergency energy assistance program through Alliant Energy; weatherization and rent assistance

Salvation Army

107 W. State Street, Marshalltown, IA 50158 Telephone: 641.753.5236 www.centralusa.salvationarmy.org

SERVICES OFFERED:

Food pantry, clothing and holiday assistance

Childcare & Preschool

Bright Beginnings

713 S. 12th Street, Marshalltown, IA 50158 Telephone: 641.753.7038

SERVICES OFFERED:

Childcare for children ages 4 weeks through school-age.

Child Care Resource & Referral of Central Iowa

808 5th Ave., Des Moines, IA 50309 Telephone: 1800.722.7619 <u>www.iowaccrr.org</u>

SERVICES OFFERED:

Childcare referrals; education and support to childcare providers

Crisis Child Care - Child Abuse Prevention Services

811 E. Main Street, Marshalltown, IA 50158 Telephone: 641.752-1730 <u>www.capsonline.us</u>

SERVICES OFFERED:

Crisis Child Care provides short-term childcare for children whose families are experiencing a crisis or emergency situation. Crisis Child Care is available 24-hours per day, 7 days a week and can be accessed by calling the 24-hour crisis line at 641.752.1730.

Elim Children's Center

302 W. Church Street, Marshalltown, IA 50158 Telephone: 641.752.8760 www.elimlutheranmarshalltown.org

SERVICES OFFERED:

Childcare for Infant through preschool age and full-day preschool classroom

GMG Preschool

1710 Wallace Avenue, Green Mountain, IA 50632 Telephone: 641.474.2251 www.garwin.k12.ia.us

SERVICES OFFERED:

Half day class offered Monday – Thursday.

Head Start / Early Head Start - MICA

6 S. 2nd Street, Marshalltown, IA 50158 Telephone: 641.753.5523 <u>www.micaonline.org</u>

SERVICES OFFERED:

Preschool/child care at 8 classrooms; no cost to those who qualify. Serves children ages 0-4 years of age, offers home and center-based services.

Little Mustangs Preschool

201 E. Weissenberger, Laurel, IA 50141 Telephone: 641.476.3342

SERVICES OFFERED:

Two full day classes per week.

Marshalltown Schools Preschool Program

1002 South 3rd Ave., Marshalltown, IA 50158 Telephone: 641.754.1000 (Central Office) www.marshalltown.k12.ia.us

SERVICES OFFERED:

Morning and afternoon sessions. Typical students must be 4 years old on or before September 15th in order to enroll for the fall.

Ready Set Grow-Y Preschool

108 Washington Street, Marshalltown, IA 50158 Telephone: 641.752.8658 www.ymca-ywca.org

SERVICES OFFERED:

A full-day approach to early education, children will be involved in experiences exclusive to the Y including water safety and age appropriate health and wellness activities. Children must be 3-5 years of age. Monday-Friday 7:30am-3:30pm.

Sonshine Preschool

700 E. Olive Street, Marshalltown, IA 50158 Telephone: 641.753.3528 www.fbcmarshalltown.com

SERVICES OFFERED:

Preschool for 3 and 4-year-olds. Extended Care (early drop-off) and Extended Learning (after preschool care) options. Three-year-old preschool has 2, 3, and 5 day options; four-year-olds have 3-day & 5-day options.

St. Francis Preschool

310 Columbus Drive, Marshalltown, IA 50158 Telephone: 641.753.8744 <u>www.st-francis.net</u>

SERVICES OFFERED:

Preschool and daycare programs for 3-4 and 4-5 year olds

Trojan Tots

109 2nd Street SW, State Center, IA 50247 Telephone: 641.483.2690 <u>www.w-marshall.k12.ia.us</u>

SERVICES OFFERED:

Preschool for three and four year olds

Family Support & Parent Education

ACCESS - Assault Care Center Extending Shelter and Support

Telephone: 1800.203.3488 or 641.753.4142 for sexual assault services

Telephone: 1855.983.4641 or 641.753.4143 for domestic violence services and housing assistance.

www.assaultcarecenter.org

SERVICES OFFERED:

Shelter and support to victims of domestic violence and sexual assault.

AEA-267/Early ACCESS

909 S. 12th Street, Marshalltown, IA 50158 Telephone: 641.753.3564 <u>www.aea267.k12.ia.us</u>

SERVICES OFFERED:

Early Childhood identification, Special Education services for birth through 12th grade.

American Lung Association

2430 73rd Street, Urbandale, IA 50322 Telephone: 515.802.3201 www.lungia.org

SERVICES OFFERED:

Free tobacco cessation and education

Birth Right

8 N. 1st Avenue, Marshalltown, IA 50158 Telephone: 641. 753.0030 <u>www.birthright.org</u>

SERVICES OFFERED:

Support for unplanned pregnancies, free pregnancy tests, maternity clothes, and baby items. Leave message.

Building Healthy Families

811 E. Main Street, Marshalltown, IA 50158 Telephone: 641.752.1730 <u>www.capsonline.us</u>

SERVICES OFFERED:

A home visitation program that provides parent education, family support, early intervention services and serves as a link to health care services.

Central Iowa Healthcare (formerly MMSC) - OB Unit

3 S. 4th Avenue, Marshalltown, IA 50158 Telephone: 641.754.5166 <u>www.marshmed.com</u>

SERVICES OFFERED:

Lamaze classes and lactation consultant.

Central Iowa Juvenile Detention Center

2317 Rick Collins Way, Eldora, Iowa 50627 Telephone: 641.858.3852 <u>www.cijdc.com</u>

SERVICES OFFERED:

Behavioral Health Intervention Services (BHIS)

Crisis Intervention Program

811 E. Main Street, Marshalltown, IA 50158 Telephone: 641.752.1730 www.capsonline.us

SERVICES OFFERED:

Short term program designed to identify and help resolve family crises. Assists with problem solving through family meetings, intensive support and follow up services.

EMBARC - Ethnic Minorities Of Burma Advocacy And Resource Center

YMCA-YWCA Cultural Center, 2nd Floor, 705 South Center Street, Marshalltown, IA 50158 Telephone: 641-352-5062 <u>www.embarciowa.org</u>

SERVICES OFFERED: Advocacy services. Office hours are Monday by appointment 9:00am to 2:30pm and Wednesday by appointment 9:00am to 3:00pm. Tuesday Walk in welcomed 9:00am to 3:00pm and Thursday walk in welcomed 2:00 – 6:00pm.

Families First Counseling Services

307 West Main Street, Marshalltown, IA 50158 Telephone: 1.888.316.3025

SERVICES OFFERED:

Behavioral Health Intervention Services: helps children and youth with a mental health diagnosis or serious emotional disturbance build skills such as anger management, coping skills, decision making skills, relationship building and more. Services occur in the home and are voluntary. The child/youth must have Title 19 in order for services to be initiated as well as ongoing.

Family-Safety-Risk-and Permanency Services: helps provide parent education/assist in community resources/support to families whom have been investigated for child abuse or neglect. Services assist in preventing any further incidents of child abuse and maintain safety in the home. Referrals are from the Department of Human Services.

Hispanic Ministry - St Mary Parish

312 S. 2nd Street, Marshalltown, IA 50158 Telephone: 641.753.7815

SERVICES OFFERED:

Assistance with immigration matters, notary and translation services.

Life Connections

307 W. Main Street, Marshalltown, IA 50158 Telephone: 641.352.7000 www.lifeconnections4u.net

SERVICES OFFERED:

Therapy, skill building, and other family focused services.

Lutheran Services in Iowa

302 W. Church Street, Marshalltown, IA 50158 Telephone: 641.328.1041 <u>www.lsiowa.org</u>

SERVICES OFFERED:

Family Safety Risk & Permanency Services; Services for People with Disabilities; Respite Care Services

MICA Early Head Start

6 S. 2nd Street, Marshalltown, IA 50158 Telephone: 641.753.5523 www.micaonline.org

SERVICES OFFERED:

Offers home and center-based child development services to infants and toddlers in full-day, full-year classrooms.

Quakerdale

1909 Summit Street, Marshalltown, IA 5015 Telephone: 641.752.6446 <u>www.quakerdale.org</u>

SERVICES OFFERED:

Assessment and therapy; Individual, family, and teen support services to include Family Team Meetings and Youth Transition Decision Making meetings; Behavioral health intervention services; Functional Family Therapy with referral from JCS or School; Equine Assisted Psychotherapy.

Stork's Nest

811 E. Main Street, Marshalltown, IA 50158 Telephone: 641.752.1730 <u>www.capsonline.us</u>

SERVICES OFFERED:

Incentive program for pregnant women & families with newborns up to 1 year old. Income eligibility guidelines.

WIC/Maternal Health - MICA

102 N. 1st Street, Marshalltown, IA 50158 Telephone: 641.753.4816 <u>www.micaonline.org</u>

SERVICES OFFERED:

Provides nutritious foods, formula for pregnant women & children under age 5 at no cost, health and nutrition education. Breastfeeding peer counselors available.

Woodward Community-based Services (Sequel Youth and Family Services)

611 5th Avenue, Des Moines, IA 50158 Telephone: 515.274.9607 <u>www.wcbscares.com</u>

SERVICES OFFERED:

Behavioral Health Intervention Services (BHIS)

Youth & Shelter Services of Marshall County

11 E. State Street, Marshalltown, IA 50158 Telephone: 641.752.2300 <u>www.yss.ames.ia.us</u>

SERVICES OFFERED:

Counseling, independent living support and family development services, case management for former foster care recipients, Spanish translation services, outpatient substance abuse assessments and treatment.

Health Care Services

Center Associates

9 N. 4th Avenue, Marshalltown, IA 50158 Telephone: 641.752.1585 <u>www.centerassoc.com</u>

SERVICES OFFERED:

Mental health evaluations, outpatient services and education

Center Associates - Integrated Health Services

11 N. 1st Avenue 2nd floor, Marshalltown, IA 50158 Telephone: 641.758-3130 www.centerassoc.com

SERVICES OFFERED: Individualized coordination of care across medical, behavioral, social services and supports. Available for Title 19/Medicaid eligible children and adults with a chronic, behavioral diagnosis that will result in an impairment of their daily functioning.

Central Iowa Family Planning

704 May Street, Marshalltown, IA 50158 Telephone: 641.752.7159 www.cifp.org

SERVICES OFFERED:

Family planning services, pregnancy testing, testing for STD's, education.

Central Iowa Health Care (formerly MMSC) Physical Rehabilitation Department

1602 S. Center Street, Marshalltown, IA 50158 Telephone: 641.754.6120 <u>www.marshmed.com</u>

SERVICES OFFERED:

Certified in interactive metronome and pediatric neurodevelopmental treatment.

Grace C Mae Advocate Center

1201 S. Center Street, Marshalltown, IA 50158 Telephone: 319.361.6529 www.advocatecenter.org

SERVICES OFFERED:

Cognitive behavioral therapy; individual, family, group, play and sand therapy.

Marshall County Public Health

709 S. Center Street, Marshalltown, IA 50158 Telephone: 641.754.8122

SERVICES OFFERED:

Immunizations and health education.

Marshalltown OB-GYN

407 E. Main Street, Marshalltown, IA 50158 Telephone: 641.752.4681

www.marshalltownobgyn.com

SERVICES OFFERED:

Complete gynecological and obstetric care.

McFarland Clinic

312 E. Main Street, Marshalltown, IA 50158 Telephone: 641.752.0654 <u>www.mcfarlandclinic.com</u>

SERVICES OFFERED:

General health care services. After hours clinic: 641.844.5200.

Moonstone Wellness LLC

16 East Main Street, Suite 115, Marshalltown, IA 50158 Telephone: 515-393-4270 www.moonstonellc.com

SERVICES OFFERED: Individual, Couples, and Family Counseling and Therapy

Primary Health Care

412 E. Church Street, Marshalltown, IA 50158 Telephone: 641.753.4021 <u>www.phcinc.net</u>

SERVICES OFFERED:

General health care services, prenatal care. Serves low income individuals.

Primary Health Care Dental Clinic

112 E. Linn Street, Marshalltown, IA 50158 Telephone: 641.844.6230 <u>www.phcinc.net</u>

SERVICES OFFERED:

Comprehensive dental care for all ages.

SATUCI - Substance Abuse Treatment Unit of Central Iowa

9 N. 4th Avenue, Marshalltown, IA 50158 Telephone: 641. 752.5421 <u>www.satuci.com</u>

SERVICES OFFERED:

Comprehensive substance abuse treatment.

Smiles in Motion

207 E. Church Street # 103, Marshalltown, IA 50158 Telephone: 641. 752. 9550

SERVICES OFFERED:

Specializing in pediatric dentistry

Steiner and Associates

16 East Main Street, Marshalltown, IA 50158 Telephone: 641.844.1200

SERVICES OFFERED: Mental Health Counseling

Recreation / Children's Activities

Central Iowa Art Association

709 S. Center Street, Marshalltown, IA 50158 Telephone: 641. 753-9013 www.theartcentermarshalltown.org

SERVICES OFFERED: Children's art classes

Marshalltown Park & Recreation

10 W. State Street, Marshalltown, IA 50158 Telephone: 641.754.5715 www.ci.marshalltown.ia.us

SERVICES OFFERD:

Summer programming and activities for children of all ages.

Marshalltown Public Library

105 W. Boone Street, Marshalltown, IA 50158 Telephone: 641.754.5738 www.marshalltownlibrary.org

SERVICES OFFERED:

Story time and other children's activities.

Tot Town

Marshalltown Coliseum, 20 W. State Street, Marshalltown, IA 50158

SERVICES OFFERED:

Free activities for preschool aged children from November – April. Tuesday, Thursday, Friday 9:30-11:30am.

YMCA - YWCA

108 Washington Street, Marshalltown, IA 50158 Telephone: 641.752.8658 www.ymca-ywca.org

SERVICES OFFERED:

Provides a variety of programs for children and adults of all ages including: health and wellness, adult sports, aquatics, youth & teen, youth outreach, arts and culture.

Transportation

Cabs of Marshalltown

3008 S. Center Street, Marshalltown, IA 50158 Telephone: 641.753.3399 www.cabsofmarshalltown.com

SERVICES OFFERED:

Transportation services in Marshalltown area

Marshalltown Municipal Transit

905 E. Main Street, Marshalltown, IA 50158 Telephone: 641.754.5719 www.ci.marshalltown.ia.us

SERVICES OFFERED:

Public transportation services in Marshalltown, special accommodations may be provided

TMS Transportation

Telephone: 1866.572.7662 <u>www.tmsmanagementgroup.com/iowa</u>

SERVICES OFFERED:

Provides non-emergency medical transportation to eligible doctor appointments, and/or mileage reimbursements to eligible participating members of Medicaid