## **Quick Peek**

# CAPS News

**Upcoming Events** 

Issue 19 August, 2018

- Healthy Homes for the Holidays donation drive
- August 19,
   4:00pm—First
   Friends Church
   Annual Ice
   Cream Social
   benefiting the
   Nest

caps would like to express our sincerest thanks to those who donated after the July 19 tornado. We are proud to be Marshalltown Strong!



## **Marshalltown Strong**

We wanted to take the time to update our community of supporters after the tornado on July 19. Our office was in the impacted area. The building sustained some damage, but the part where our offices are located came out mostly unscathed, but you can see in the picture to left the two pillars that used to hold our agency sign, which we still have not found. The 5 staff members at the office during the tornado were able to



make it to the shelter, and despite being shaken, they are fine. Though the physical damage after the storm was great, the generosity our community has shown has been even greater.

We were closed on the Friday after the storm, but opened on Monday the 23rd, though we did not have power. By noon we had an outpouring of donations of diapers, wipes, and formula. We received so much that we set up our conference room as an emergency supply for families affected by the storm. By Wednesday, we were able to offer household items and food in addition to baby items. By Friday we received over \$13,000 worth of supplies and \$11,000 in monetary support to help the families impacted by the tornado.

We have been in a constant state of awe over the generosity of our community



and our state. Throughout this experience we have seen a town that knows how to come together during times of struggle and people from neighboring communities helping those less fortunate. We know that it will be a while before things are back to "normal." But until that time comes, with your continued assistance, we will persist in meeting the needs of the children and families we serve.



#### **Child Abuse Prevention Services**

811 E Main Street, Marshalltown, IA www.capsonline.us 641.752.1730

# Fruit Stamp Art

Supplies Issue 19 August, 2018

CAPS New

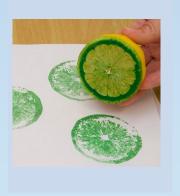
### 1) fruit or veggies (common ones are apples and potatoes, but

Paint & paper plate for dipping)

any will work)

- 3) Paper towels
- Newspaper (to prevent messes)
- 5) Canvas (can be paper, cardboard, a shirt, anything!)
- 6) Knife to cut fruit

Slice the fruit in half, dip in paint, blot excess paint, and stamp!
Optional: Carve designs in the fruit or veggies



## Staff Spotlight



Chelsey Youngman is new to CAPS as of July 1st. She is a Child Development Specialist in the Building Healthy Families program. Chelsey was baptized by fire after the tornado and has been a great addition to CAPS!

"Outside of work I enjoy hiking, traveling, and spending time with my family. I am currently studying to receive my Master's Degree in Human Services and plan to use this in my role as a CDS at

CAPS. My strongest interests are learning about culture and meeting new people. I spent most of my Bachelor's Degree studying abroad to learn about culture in Dubai and Belize."

## **CAPS** in the Community

Did you know that CAPS served over 9,000 children and their families through our various programs last year? Did you know that, in addition to home visits, we also

educate kids of all ages through school based programs? Did you know that at least half of the items in the Nest are only available because of donations from the public?

Did you know that we would LOVE to come and share more information about our programs and how you can get involved with your church or group? Our staff is passionate about what we do, and we can't wait to share that with you! If you are looking for a speaker for your meeting or church group, call our office at 641-752-1730 and ask for Emma Chase to set up a date!



Building Healthy Families ~ Strong Foundations ~ The Nest Crisis Child Care ~ Crisis Intervention Sexual Abuse Prevention ~ Adolescent Sexual Health