

Quick Peek

Upcoming

- ◇ February 23, 2019—Healthy Family Fair at the Marshalltown Mall
- ◇ March 23, 2019—Garden Party Fundraiser at Elmwood Country Club
- ◇ April is Child Abuse Prevention Month

Thank you to everyone who donated or otherwise supported CAPS in 2018! You helped us serve over 9,000 children in Marshall, Hardin, and Tama Counties!

Keep up to date by liking us on Facebook and visiting our website!



CAPS News

Issue 21

January, 2019

Home Visitation Programs

Home visitation programs are the foundation of Child Abuse Prevention Services' various types of programs. While every program plays a part in strengthening the community, it is home visitation that has a major impact on our future community leaders. You may be asking, "What is this magical service that holds the promise of shaping future leaders?" The answer does not lie solely in the service itself, but also in the caring and dedicated home visitors who deliver the service.

Home visitation is a supportive service for Marshall County families who are expecting a child or have a child age 5 or younger. Our home visitors are Certified Parent Educators through Parents as Teachers (a national, evidence-based model for home visiting), which means they have all completed mandatory training. Next is where the magic happens! CAPS home visitors are fortunate enough to be invited into families' homes and lives; to be a part of their pregnancy, to share in the joy of the birth of their child, and to even walk alongside them when there are struggles and sad times. Home visitors carry out many roles as they advocate for children and families by providing child development education, parenting education, and family support.

Research has shown that home visiting programs help:

- Increase the number of healthy moms and babies
- Reduce the number of childhood injuries
- Increase the number of children who are ready for school
- Increase the number of self-sufficient families
- Reduce spending for health care and child welfare services

Our home visitation programs serve over 200 families per year! That's 200 families that reap these benefits every year! Our home visitors truly help make our programs a success. With the help of our bilingual staff we are able to serve families in English, Spanish, Karen and Burmese. CAPS is proud to provide these valuable services to families, because we know that investing in the life a child can only lead to positive outcomes, not only for that child and their family, but to the entire community. Contact us to find out how YOU can invest in the children of our community.



Child Abuse Prevention Services

811 E Main Street, Marshalltown, IA
www.caponline.us 641.752.1730

Did you know?!

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Building Healthy Families became the first dual credentialed family support program in Iowa! This means the program met quality standards set forth by both from the state, as well as the Parents As Teachers organization nationally. The accreditation process and standards are based on the most up to date, evidence based practice in the family support field. Adherence to the standards indicates that the program is providing high quality services that will result in positive outcomes for young children and their families.

“Children are not a distraction from more important work. They are the most important work.”

C.S. Lewis

Healthy Family Fair



The 14th Annual Healthy Family Fair: Prenatal to Preschool is coming back to the Marshalltown Mall on February 23, 2019 from 10:00 am—1:00 pm. This year CAPS, along with Marshall County ISU Extension and YSS, are excited to bring the Science Center of Iowa to the Healthy Family Fair. The Science Center will be presenting their program entitled “BOOM!” on the Main Stage from 11:45 am—12:15. Other main stage entertainment includes Tulip, magician and balloon artist, and William the Storyteller! Many agencies will be in attendance at the fair to bring families information regarding all the resources available to them in our community.

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Diaper Drive

One of the programs at CAPS that gets a lot of recognition around town is the Nest. The Nest is an incentive based program for income eligible families in Marshall County that provides access to necessary baby items in a store-like setting at the CAPS office. Families can come in and “shop” using points they’ve earned through attendance at health and educational opportunities in the community. The Nest is funded 50% by cash donations and in-kind (or non-cash) donations from the community. Each spring we ask our faith community to help



us STOCK THE NEST through the Diaper Drive. And when you participate in the Diaper Drive, you are helping us supply families with the MOST PURCHASED items in the Nest! If you would like more information about participating in the Diaper Drive, contact Emma Chase by calling the CAPS office, or send an email to emmac@capsonline.us.