Marshall County

Resource Guide

Created by MICA 12/05/2021

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| **Crisis Services** | | | | |
| Child Abuse Prevention Services (CAPS) | 306 S 17th Ave | 9AM-4:30PM | 641-752-1730 | Family support programs, crisis service programs, school based programs, The Nest, Community Involvement |
| ACCESS (Sexual Assault & DVA) | 16 E Main St | By appointment | 515-292-0500 | Criminal/civil legal advocacy; 24-hr hotline; counseling services; emergency shelter; rapid rehousing |
| Poison Control of Iowa | 401 Douglas St Sioux City, IA | 24 Hours | 1-800-222-1222 | Treatment advice for poison emergencies; poison info & prevention |
| Red Cross (24 Hrs) | 2116 Grand Ave Des Moines, IA | M-F 8AM-4:30PM | 515-243-7681 | Disaster, health, & safety services; emergency communications to armed forces/families |
| YSS of Marshall County | 22 N Center St | M-F 8AM-4:30PM | 641-752-2300 | Community based organization serving youth & families |

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| **Emergency Assistance** | | | | |
| House of Compassion | 211 West Church St. | M-Th 10AM-12PM, 1-4:30PM  Evening meal Sun-Fri 5-6:15PM | 641-752-5999 | Supplies, evening meals, dental/prescription vouchers |
| Child Abuse Prevention Services | 306 S 17th Ave | M-F 9AM-4:30PM | 641-752-3317 | Crisis intervention & crisis child care |
| General Assistance | 101 E Main St | M-F 9AM-4:30PM | 641-754-6390 | Financial aid for basic needs |
| Salvation Army | 107 W State St | M-F 9AM-4PM  Sun 9AM-12PM | 641-753-5236 |  |
| MICA (Mid-Iowa Community Action) | 1001 S 18th Ave (Central Office)  6 S 2nd St  (Family Develop.) | Hours vary by office, please call to verify | 641-752-7152  641-753-5523 | Family development; early childhood programs; housing, health, & community services |

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| **Abuse** | | | | |
| Abuse Hotline (Child & Dependent Adult) |  |  | 1-800-362-2178 | Child & dependent adult abuse assistance |
| Child Abuse Prevention Services (CAPS) | 306 S 17th Ave | 9AM-4:30PM | 641-752-1730 | Family support programs, crisis service programs, school based programs, The Nest, Community Involvement |
| Dept. of Human Services |  | M-F 8AM-4:30PM | 1-800-714-4588 | Child & dependent adult abuse assistance |
| ACCESS (Sexual Assault/DV) | 16 E Main St | By appointment | 515-292-0500 | Criminal/civil legal advocacy; 24-hr hotline; counseling services; emergency shelter; rapid rehousing |
| Elder Abuse Initiative |  | M-F 8AM-4:30PM | 1-877-538-0508 |  |

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| **Child Care** | | | | |
| Marshall County Child Care Services | 713 S 12th St | Call for hours | 641-753-9332 | Child care for children ages 4 weeks to school age |
| MICA Head Start & Early Head Start | 6 S 2nd St |  | 641-753-5523 | Full day care for qualifying families |

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| **Clothing & Furniture** | | | | |
| Caring Center | 132 W Main St | M, W 10AM-1PM | 641-753-8280  641-752-7112 | Clothing, shoes, bedding, towels, household items |
| Salvation Army | 107 W State St | M-F 9AM-4PM  Sun 9AM-12PM | 641-753-5236 |  |
| Salvation Army Family Store | 232 N 13th Ave | M-Sat 10AM-5PM | 641-752-3084 |  |
| Goodwill | 100 Lafrentz Dr | M-Sun 10AM-6PM | 641-752-2431 | Thrift store; overcome employment barriers |

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| **Legal** | | | | |
| Iowa Legal Aid | Multiple Locations | M-F 8AM-4:30PM | 1-800-532-1275 | Legal assistance |
| Volunteer Lawyers Project | Youth Law Center | M-F 8AM-4:30PM | 1-800-728-1172 |  |

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| **Counseling** | | | | |
| Alcoholics Anonymous | 1311 E Nevada St |  | 641-753-6314 |  |
| Center Associates | 9 N 4th Ave | 8AM-4:30PM | 641-752-1585 | Mental Health |
| In Perspective PLLC | 1 N 4th St | By appointment | 641-753-0440 | Counseling |
| Steiner & Associates | 16 E Main St #200 | Call for hours | 641-844-1200 | Counseling |
| SATUCI (Substance Abuse Treatment Unit) | 9 N 4th Ave | Call for appointment | 641-752-5421 | Substance abuse treatment; gambling help |
| YSS of Marshal County | 22 N Center St | M-F 8AM-4:30PM | 641-752-2300 | Community based organization serving youth & families |

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| **Community Resources** | | | | |
| New Iowan Center | Multiple Locations | Hours vary by office, call to verify | 641-754-1400 | Immigration & employment services |
| Building Healthy Families | 811 E Main St | M-F 9AM-4:30PM | 641-752-1730 | Home visitation program providing parental education, family support, early intervention services |
| St. Francis Hispanic Ministry | 12 W Linn St |  | 641-752-6278 | Church services |
| MIC (Mid-Iowa Community Center) | 1001 S 18th Ave (Central office)  6 S 2nd St (Family Development) | Hours vary by office, call to verify | 641-752-7152 (C)  641-753-5523 (FD)  1-800-390-5293 (WIC) | Family development; early childhood programs; housing, health, & community services |
| Rent Assistance/HUD | 36 N Center St | M-F 8:30AM-5PM | 641-754-5756 | Rent assistance |
| Marshall Co. Extension | 2608 E 2nd St  Suite E | M-F 9AM-4PM | 641-752-1551 | 4-H; youth services; healthy living; ag, enviro, business, & community resources |
| Marshalltown Public Library | 105 W Boone St | M-F 12-6PM | 641-754-5738 | Books, computers, printing, meeting rooms |
| Iowa Works Building | 101 Iowa Ave W Unit 200 | M-F 8AM-4:30PM | 641-754-1400 | Employment services |
| YSS of Marshall County | 22 N Center St | M-F 8AM-4:30PM | 641-752-2300 | Community based organization serving youth & families |
| Mid-Iowa Triumph Recovery Center | 204 E Linn St  Suite A | M-TH 11AM-4PM | 641-751-7656 | Mental illness/recovery info for individuals, family members, & public; fight the stigma of mental illness through community outreach/involvement |
| LUNA (Latinas Unidas Por Un Nuevo Amanecer) | 16 E Main St Suite 190 | M-F 8:30AM-4:30PM | 319-242-7536 | Helping survivors of domestic violence, sexual assault, & human trafficking |
| EMBARC | 705 S Center St | M-F 8:30AM-4:30PM | 641-352-5062 | Assisting minorities of Burma Advocacy |
| The Nest | 306 S 17th Ave | M-F 9AM-4:30PM | 641-752-1730 | Income eligible, prenatal families up to age 2 |

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| **Education** | | | | |
| AEA 267 | 909 S 12th St |  | 641-753-3564 | Educational assistance |
| Iowa Valley Ed. & Training Center | 206 E Church St | M-F 8AM-4:30PM | 641-752-4645 | Continuing education |
| MICA Head Start & Early Head Start | 6 S 2nd St |  | 641-753-5523 | Meeting educational needs of 3/4 year olds |
| Marshalltown Community College | 3700 S Center St | M-F 8AM-4:30PM | 641-752-7106 | Community college |
| Vocational Rehabilitation | 101 Iowa Ave W Suite 200 | M-F 8AM-4:30PM | 641-352-7942 | Employment assistant for disabled individuals |

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| **Financial Assistance** | | | | |
| Social Security Office | 2502 S 2nd St | M-F 9AM-4PM by appointment | 877-819-2595 |  |
| Salvation Army | 107 W State St | M-F 9AM-4PM  Sun 9AM-12PM | 641-753-5236 |  |

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| **Food Assistance** | | | | |
| Dept. of Human Services (Food Assistance) | 206 W State St | M-F 8AM-4:30PM | 641-752-6741 | Food assistance |
| Emergency Food Box | 109 S 3rd St | M-F 1:30-4:30PM | 641-753-0486 | Emergency food assistance |
| House of Compassion | 211 West Church St. | M-Th 10AM-12PM, 1-4:30PM  Evening meal Sun-Fri 5-6:15PM | 641-752-5999 | Supplies, evening meals, dental/prescription vouchers |
| Meals on Wheels | 1708 W Lincoln Way Ames, IA | Call for hours | 641-752-9589 | Food Assistance |
| Salvation Army | 107 W State St | M-F 9AM-4PM  Sun 9AM-12PM | 641-753-5236 |  |
| WIC (Women, Infant, & Children Programs) | 1001 S 18th Ave | M 9:30AM-5:30PM  T-F 8AM-5PM | 641-753-4816 | Maternal & child health, breast feeding assistance |

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| **Health Services** | | | | |
| Alcohol Hotline |  |  | 1-866-266-7161  1-800-252-6465 |  |
| American Addiction Centers |  |  | 1-866-292-9559 | Assistance w/alcohol and drug additions |
| Central Iowa Community Services (CICS) | Multiple Locations | M-F 8AM-4:30PM | 24 hour hotline: 855-581-8111  Office:  641-754-6390 | Coordination, crisis, treatment, support, & education services |
| MCC Dental Clinic | 3700 S Center St | Call to verify | 641-844-5795 | Dental care |
| First Nurse | Mary Greely  Ames, IA | 24 Hours | 515-239-6877  641-844-5200 | Medical questions/answers |
| Iowa Health & Wellness (DHS) | 206 W State St | M-F 8AM-4:30PM | 641-752-6741 | Food, child care, & cash assistance; child support/welfare; adult protection |
| Iowa Home Care | 104 W Southridge Rd | Call to verify | 641-752-5545 | Adult senior care; pediatric care; psychiatric in-home care |
| Iowa City Trips (Medical & Dental) |  |  | 641-752-6202  1-888-616-4298 | Transportation |
| Iowa River Hospice | 502 Plaza Heights Rd | 24 Hours | 641-753-7704 | Hospice care |
| Primary Health Care Clinic | 412 E Church St | M-F 8AM-5PM  Sat 9AM-1PM | 641-753-4021 | Medical Care |
| Primary Health Dental Clinic | 112 E Linn St | M-F 8AM-5PM | 641-844-6230 | Dental care |
| VA Medical Clinic | 101 Iowa Ave W | Call for appointment | 641-754-6700 | Medical care for veterans |
| McFarland Urgent Care Clinic | 802 S Center St | M-Sun 8AM-8PM | 641-844-5200 | Urgent medical care |

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| **Transportation** | | | | |
| Region 6 Planning Commission | 903 E Main St | M-F 7:30AM-4:30PM | 641-752-0717 | Community & economic development; transportation |
| Marshall Metro Transit | 24 N Center St | M-F 7AM-6PM | 641-754-5719 | Public transportation |
| People Rides | 903 E Main St | Call for hours | 641-752-0717 | Public transportation |